

Patient Name \_\_\_\_\_ DOB \_\_\_\_\_

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**PAIN DESCRIPTION AND HISTORY-page 1 of 4**

WHERE ARE YOUR WORST 2 PAIN COMPLAINTS TODAY?  
\_\_\_\_\_

PLEASE RATE YOUR AVERAGE PAIN OVER THE PAST MONTH ON A SCALE FROM 1-10 FOR EACH:  
\_\_\_\_\_

**Pain Score (0-10)**

Now \_\_\_\_\_ At rest \_\_\_\_\_ With activity \_\_\_\_\_

When did your pain start? \_\_\_\_\_

Description of pain: \_\_\_\_\_

**HOW DOES YOUR PAIN FEEL?**

- Sharp  Dull  Aching  Burning
- Cramping  Pressure  Stabbing
- Electrical Shock  Shooting  Numbness
- Tingling  Other \_\_\_\_\_
- Constant  Intermittent

NUMBNESS OR TINGLING LOCATION? \_\_\_\_\_

**WHAT CAUSED YOUR PAIN?**

- Injury at work  Injury at home
- Following an illness  Following a surgery
- Started all of a sudden – no cause
- Came on gradually/gradually worsened
- Other \_\_\_\_\_

**HAVE YOU TAKEN ANY ANTICOAGULANT (BLOOD THINNER OR ASPIRIN) MEDICINE IN THE LAST 3 MONTHS?**

Yes  No *If yes*, Name of drugs: \_\_\_\_\_ For What? \_\_\_\_\_

**Please list all medicines you take which require a doctor's prescription: (Please attach additional sheet if needed)**

Name of Medicine	Dose of Medicine/Frequency	Prescribing Physician
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**WHICH TREATMENTS HAVE YOU TRIED?**

- Biofeedback  Herbal Remedies
- Yoga  Massage
- Surgery  TENS unit
- Acupuncture  Water Therapy
- Spinal Cord Stimulator Surgery
- Medications  Ice Pack
- Heating Pad  Exercise program
- Physical Therapy  Implantable Device
- Comprehensive Pain Program
- Injection: When? \_\_\_\_\_
- Other \_\_\_\_\_

**WHAT MAKES YOUR PAIN WORSE?**

- Sitting  Standing
- Coughing/Sneezing  Walking
- Lying on stomach  Sleeping
- Weather changes  Driving/Travel
- Bending/twisting
- Other: \_\_\_\_\_

**WHAT MAKES THE PAIN BETTER?**  
\_\_\_\_\_

**WHAT PHARMACY DO YOU USE?** \_\_\_\_\_

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**ALLERGIES:** (Such as: Medicine, Latex, Food, Tape, Perfume)

\_\_\_ No Allergies

ALLERGY	TYPE OF REACTION	ALLERGY	TYPE OF REACTION
_____	_____	_____	_____
_____	_____	_____	_____

**LIST SURGERIES (INCLUDE DENTAL) INJURIES, HOSPITALIZATIONS & PROCEDURES NOT LISTED ON PREVIOUS PAGES:**

Date: _____	Procedure: _____
Date: _____	Procedure: _____
Date: _____	Procedure: _____
Date: _____	Procedure: _____

**MEDICAL HISTORY**

**LUNGS AND RESPIRATORY:**

\_\_\_ **None**  
 \_\_\_ Cough/Cold  
 \_\_\_ Sleep Apnea

\_\_\_ Emphysema  
 \_\_\_ Asthma/Wheezing  
 \_\_\_ Pneumonia  
 \_\_\_ Other \_\_\_\_\_

**HEART AND VASCULAR:**

\_\_\_ **None**  
 \_\_\_ Angina/Chest pain  
 \_\_\_ Pacemaker  
 \_\_\_ Valve Disease

\_\_\_ Heart Failure  
 \_\_\_ High Blood Pressure  
 \_\_\_ Irregular Heart Beat  
 \_\_\_ High Cholesterol

**GENITO/URINARY:**

\_\_\_ **None**  
 \_\_\_ Kidney, Renal or  
 Urinary Tract Disease

\_\_\_ Kidney Stones  
 \_\_\_ Urinary Catheter  
 \_\_\_ Dialysis: last date: \_\_\_\_\_  
 \_\_\_ Other \_\_\_\_\_

**GASTROINTESTINAL:**

\_\_\_ **None**  
 \_\_\_ Liver Disease  
 \_\_\_ Nausea/Vomiting

\_\_\_ Rectal Bleeding  
 \_\_\_ Ulcers  
 \_\_\_ Pancreatitis  
 \_\_\_ Other \_\_\_\_\_

**PSYCHOLOGIC:**

\_\_\_ **None**  
 \_\_\_ Sleep Disturbance  
 \_\_\_ Suicidal Thoughts

\_\_\_ Depression  
 \_\_\_ Anxiety

**Yes No**

\_\_\_ \_\_\_ Do you use tobacco \_\_\_ Cigarettes \_\_\_ packs/day \_\_\_ Cigars \_\_\_ Pipe  
 \_\_\_ Chew (quit \_\_\_\_\_) Years used \_\_\_

\_\_\_ \_\_\_ Do you use alcohol? How much? \_\_\_\_\_ Last drink \_\_\_\_\_  
 Recovering Alcoholic \_\_\_\_\_

\_\_\_ \_\_\_ Marijuana or other street drugs? What \_\_\_\_\_ How often \_\_\_\_\_

**HEMATOLOGIC:**

\_\_\_ **None**  
 \_\_\_ Hepatitis  
 \_\_\_ Blood clotting abnormalities  
 \_\_\_ Anemia

\_\_\_ Bruising  
 \_\_\_ Easy Bleeding  
 \_\_\_ Other: \_\_\_\_\_

**NERVOUS SYSTEM:**

\_\_\_ **None**  
 \_\_\_ Dizziness  
 \_\_\_ Falls  
 \_\_\_ Head/Neck Injury  
 \_\_\_ Headaches

\_\_\_ Stroke  
 \_\_\_ Numbness/weakness  
 \_\_\_ Fainting spells/Blackouts  
 \_\_\_ Seizure/Epilepsy  
 \_\_\_ Other \_\_\_\_\_

**MUSCULAR-SKELETAL SYSTEM:**

\_\_\_ **None**  
 \_\_\_ Arthritis  
 \_\_\_ Multiple Sclerosis  
 \_\_\_ Paralysis  
 \_\_\_ Fibromyalgia

\_\_\_ Muscle/Joint Pain  
 \_\_\_ Chronic Back/Neck Trouble  
 \_\_\_ Unusual Muscle Weakness  
 \_\_\_ Autoimmune Disorder  
 \_\_\_ Other \_\_\_\_\_

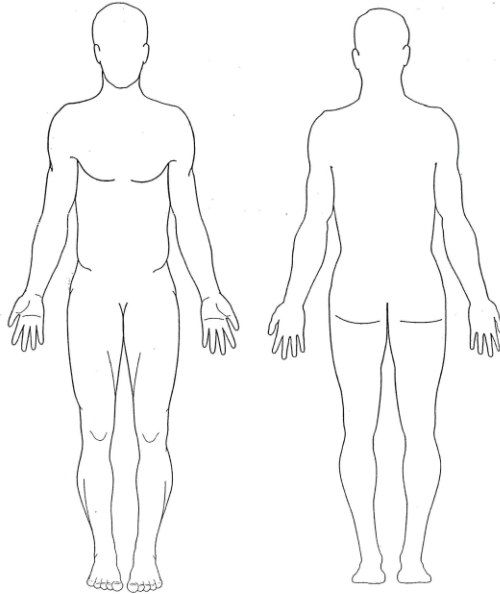
**ENDOCRINE:**

\_\_\_ **None**  
 \_\_\_ Thyroid Problems  
 \_\_\_ Low Blood Sugar

\_\_\_ Diabetes  
 \_\_\_ Sweats/Chills  
 \_\_\_ Other \_\_\_\_\_

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PLEASE FILL IN THE DIAGRAM BELOW INDICATING THE TYPE OF PAIN/SENSATIONS YOU ARE HAVING AND THE LOCATION ON YOUR BODY:



**Review of Systems (PATIENTS PLEASE COMPLETE)**

**Please circle all current problems:** \_\_\_\_\_

**General:** fever / chills / other \_\_\_\_\_

**Eyes:** blurring / double vision / other \_\_\_\_\_

**Ear, nose and throat:** ear pain / nasal congestion / other \_\_\_\_\_

**Lungs:** shortness of breath / cough / other \_\_\_\_\_

**Heart:** chest pain / palpitations / other \_\_\_\_\_

**Gastrointestinal:** nausea / vomiting / other \_\_\_\_\_

**Genitourinary:** painful urination / new issue with loss of bladder control / other \_\_\_\_\_

**Hematology:** bruising tendency / bleeding tendency / other \_\_\_\_\_

**Endocrine:** excessive thirst / excessive urination / other \_\_\_\_\_

**Immunologic:** recurrent fevers / recurrent infections / other infections \_\_\_\_\_

**Musculoskeletal:** back pain / neck pain / joint pain / muscle pain / other \_\_\_\_\_

**Integumentary:** rash / abrasions / other \_\_\_\_\_

**Neurologic:** confusion / numbness / other \_\_\_\_\_

**Psychiatric:** anxiety / depression / other \_\_\_\_\_

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FOR OFFICE USE ONLY BELOW THIS LINE.

**History and Physical Note**

Physical Exam:

General/Orientation: | A&O x3 | No acute distress | other \_\_\_\_\_

Extremities: | No cyanosis/clubbing | No edema | other \_\_\_\_\_

Respiratory: | Clear to auscultation | Unlabored | other \_\_\_\_\_

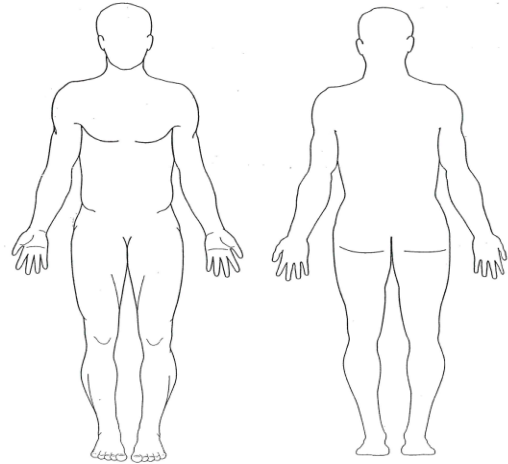
Cardiac: | Regular rate and rhythm | No murmur | other \_\_\_\_\_

Abdominal: | Nondistended | soft | other \_\_\_\_\_

Skin: | Clean | Dry | Intact | other \_\_\_\_\_

Musculoskeletal: \_\_\_\_\_

Neuro: \_\_\_\_\_



**Anesthesia Plan:** (✓) one: \_\_\_\_\_ Local anesthesia \_\_\_\_\_ Mild/Moderate Sedation(ASA Classification: \_\_\_\_\_)

Assessment/Plan: \_\_\_\_\_

Follow up: \_\_\_\_\_

Orders: \_\_\_\_\_

The patient is an appropriate candidate to undergo the planned procedure and selected anesthesia in the ambulatory setting: | Yes | No

Review of systems on back page reviewed: \_\_\_\_\_ Yes \_\_\_\_\_ No

Physician Signature \_\_\_\_\_ Date (m/d/y) \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Time \_\_\_\_\_